



# STATE OF NEBRASKA

## NEBRASKA COMMISSION FOR THE DEAF AND HARD OF HEARING

### News Release

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### State Agency Offers Hearing Loss Advice NCDHH Field Representative Accepting Free Appointments for May 15

**KEARNEY, Neb.** — When individuals become deaf or hard of hearing, there are two things they can do: ignore the hearing loss and engage less in conversation or recognize the hearing loss and find ways to ensure effective communication. Those who choose the latter should consider meeting with Nebraska Commission for the Deaf and Hard of Hearing (NCDHH) Field Representative Dr. Donita Mains.

Mains will be accepting free appointments in Kearney on Thursday, May 15, to offer guidance for hearing loss resources. From communication tips to state programs that pay for specialized telephones, Mains can help people find services and products that can maximize their communication abilities.

The meeting location for the appointments is the South Central Nebraska Area Agency on Aging (SCNAAA) office, which is located at 4623 2nd Ave., Suite 4, in Kearney.

Those wishing to meet with Mains may contact her by calling (308) 535-6600 or (888) 713-3118, or they can e-mail her at [ncdhh.northplatte@nebraska.gov](mailto:ncdhh.northplatte@nebraska.gov).

Since 2003, Mains has served as an advocate for issues affecting citizens in Central Nebraska who are deaf or hard of hearing. She is responsible for guaranteeing services are available to those with a hearing loss and providing assistance to those seeking products and services designed to meet their communication needs.

The NCDHH is a state agency providing education, referral information and technical devices to aid hearing and communication between residents, businesses and organizations. More information regarding the NCDHH can be obtained at [www.ncdhh.ne.gov](http://www.ncdhh.ne.gov).

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